



# 2014 OCTOBER Breakfast



Nsaa/norton Campus

Monday	Tuesday	Wednesday	Thursday	Friday
September 29, 2014	September 30, 2014	October 1, 2014	October 2, 2014	October 3, 2014
October 6, 2014	October 7, 2014	October 8, 2014	October 9, 2014	October 10, 2014
	FROSTED MINI WHEATS Animal Grahams Strawberry Kiwi Juice Pineapple Tidbits Choice of Milk	RAISIN BRAN Chocolate Elf Grahams Apple Juice Fresh Orange* Choice of Milk	FROOT LOOPS REDUCED SUGAR Apple Breakfast Square Strawberry Kiwi Juice Raisins Choice of Milk	APPLE JACKS REDUCED SUGAR Spiced Grahams Blended Fruit Juice Fresh Apple* Choice of Milk
October 13, 2014	October 14, 2014	October 15, 2014	October 16, 2014	October 17, 2014
APPLE JACKS REDUCED SUGAR Spiced Grahams Blended Fruit Juice Raisins Choice of Milk	OAT BLENDERS Cinnamon Elf Grahams Apple Juice Diced Peaches Choice of Milk	RAISIN BRAN Chocolate Elf Grahams Apple Juice Fresh Apple* Choice of Milk	CINNAMON TOASTERS Strawberry Waffle Crackers Blended Fruit Juice Fresh Banana Choice of Milk	FROSTED MINI WHEATS Animal Grahams Strawberry Kiwi Juice Fresh Apple* Choice of Milk
October 20, 2014	October 21, 2014	October 22, 2014	October 23, 2014	October 24, 2014
FROOT LOOPS REDUCED SUGAR Apple Breakfast Square Strawberry Kiwi Juice Raisins Choice of Milk	RICE KRISPIES Cinnamon Breakfast Square Blended Fruit Juice Pineapple Tidbits Choice of Milk	FROSTED FLAKES (LOW SUGAR) Chocolate Elf Grahams Apple Juice Fresh Apple* Choice of Milk	MINI WHEATS LITTLE BITES Strawberry Waffle Crackers Apple Grape Juice Fresh Orange* Choice of Milk	TOASTY O'S Animal Grahams Strawberry Kiwi Juice Fresh Apple* Choice of Milk
October 27, 2014	October 28, 2014	October 29, 2014	October 30, 2014	October 31, 2014
APPLE JACKS REDUCED SUGAR Spiced Grahams Blended Fruit Juice Raisins Choice of Milk	OAT BLENDERS Cinnamon Elf Grahams Apple Juice Diced Peaches Choice of Milk	RAISIN BRAN Chocolate Elf Grahams Apple Juice Fresh Apple* Choice of Milk	CINNAMON TOASTERS Strawberry Waffle Crackers Blended Fruit Juice Fresh Banana Choice of Milk	FROSTED MINI WHEATS Animal Grahams Strawberry Kiwi Juice Fresh Apple* Choice of Milk

\*\*\*\* ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

\*\*\* MENU SUBJECT TO CHANGE.

\*\*\* USDA is an equal opportunity provider and employer.



Kids need healthy lunch to get energized for their favorite after-school sports and activities! Celebrate National School Lunch Week:

**October 13-17, 2014**

